

# Mornings with Manon (Plein Air) With Manon Sander - Supply List

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## PAINT:

- Titanium White
- Lemon Yellow or Cadmium Yellow Light
- Cadmium Yellow Medium (Gamblin preferred)
- Indian Yellow
- Cadmium Orange or Permanent Orange
- Gold Ochre or Yellow Ochre
- Naphtol Scarlett (Gamblin) (Cad Red is ok)
- Quinacredone Red or Permanent Alizarin Red
- Phtalo Blue or Cerulean Blue
- Ultramarine Blue
- Viridian or Pthalo Green
- Transparent Earth Red
- Black (any kind)

In general, as long as you have a warm and a cool version of yellow, blue, and red you should be good to go.

Medium: Gamblin solvent-free fluid or gel or Liquin Original or Neo-Megilp

Thinner: Gamsol (oil painters). Please note that no turpentine or any smelly solvent will be allowed in class!

## BRUSHES:

- Long handled natural bristle brushes such as hog hair or synthetic bristles like:
  - Rosemary's long-handled long flats.
  - I use Rosemary's "Ivory" and "Shiraz" style which can be ordered through [www.windriverarts.com](http://www.windriverarts.com)
- Size 1 round
- Size 2, 4, 6, 8 long-bristled flats or filberts.
- Please no short stubby brushes or old stiff paint-encrusted brushes.
- 2" diamond shaped palette knife

## CANVAS: *I prefer canvas/linen boards over stretched canvas*

- My personal faves are linen panels from Fredrix or Centurion
- Canvases in small sizes like 8 x 10, 9 x 12. For the less seasoned painter I recommend to stick with 8 x 10"
  - Tiny canvases for value studies, 5 x 7" or 6 x 8" are perfect.

## Other Essentials:

- Garbage receptacle such a plastic bag
- Paper towels (blue shop towels from Home Depot are great)
- Clips
- View finder
- Easel and Tripod
- Possibly umbrella for protection from the sun
- Palette (Gray Matters paper palettes are great)
- Small sketch pad and pencil
- Hat or visor/Sunscreen
- Bug Spray
- Water/Snack/Lunch
- Stool if you wish to sit or for the demos
- Primary Reference "your own" and other reference for details